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INNER PEACE IN TODAY'S WORLD

Book Signing and Discussion: Author and International Counselor explores ideas and leads dialogue to facilitate the attainment of inner peace.

**Barnes & Noble Booksellers, Lancaster, PA – Thursday, December 16, 2010
starting at 7:00 p.m.**

Ms. Mayte Picco-Kline, author of *Wholeness in Living: Kindling the Inner Light* will share her insights on the meaning of inner peace in the context of challenges we face today. She will also speak about the power of our intentions to manifest our dreams. A Q&A session and book signing will follow her presentation. As Picco-Kline points out, “We all can become peacemakers, in our homes, our communities, for the whole world. It is our individual privilege. We dwell together as we cooperate by sharing what is best in ourselves and recognizing what is best in others.”

Some of the *ideas in action* Mayte highlights and explores in her contemplative book include: experiencing the wonders of inner peace, seeing each moment as an opportunity for meaningful living, sharing in the joy of service, discovering mission in life and striving toward most cherished ideals.

Focusing on the power of people to find their own answers, Picco-Kline offers guiding affirmations in her book and invites each of us to develop a personal approach in living while celebrating life with the joy that can be experienced when “a receptive heart is filled with beauty, peace and understanding”.

In her writings, public presentations and other outreach activities, Mayte shares her personal and professional experience conducive to health, prosperity and happiness.

About the Author

MAYTE PICCO-KLINE, Psychologist and international counselor facilitates the process of exploring inner peace and living in wholeness. She has worked with thousands of people over the years, sharing her understanding of universal values with audiences of all ages and diverse educational, religious and social backgrounds in many nations. Her work for peace has attracted interviews in the print and broadcast media in three countries and at the turn of the millennium she developed and co-organized an academic seminar held at the United Nations sponsored University for Peace in Costa Rica.

Her book, *Wholeness in Living: Kindling the Inner Light* has been read by people in at least 17 countries.

For additional information, visit her website at: www.WholesnessInLiving.net